
REGISTRATION FORM

Name _____

Address _____

Phones (Day & Evening) _____

E-mail _____

____ (\$50 deposit enclosed –Check or Money Order) Credit cards accepted (Visa or Mastercard only)

Type _____ Number _____ Expiration date _____

It is not necessary to have any certifications to take the course but please check all that apply to help us understand your background.

<input type="checkbox"/> Birth Doula	<input type="checkbox"/> Postpartum Doula	<input type="checkbox"/> Childbirth Educator
<input type="checkbox"/> Midwife	<input type="checkbox"/> Massage Therapist	Certified CBE with _____
<input type="checkbox"/> Lactation Consultant	<input type="checkbox"/> Physician	<input type="checkbox"/> Nurse
<input type="checkbox"/> Physical Therapist	<input type="checkbox"/> Other Occupation	License # and State _____

Signature _____

Date _____

Course Information: Times

Friday 6:00-9:00pm; Saturday 8:00am-5:00pm; Sunday 8:00am-5:00pm

Fees

\$300.00 includes conference packet and materials, breakfast and snacks (lunches on your own).

Send \$50.00 non-refundable deposit and the registration form by: **February 15, 2007**

Success Naturally Yoga Center
1304 E. Republic Rd., PMB 145
Springfield, MO 65804

For Information

**Contact Ginny Ross or
Peggy Jurgens at:**

P (417)877-9642 ext. 2
Fax (417) 877-4719
E-mail: ginny.ross@mchsi.com

“Bless This Child” Doula Training

March 2, 3 & 4, 2007
Success Naturally, Inc
Springfield, MO



DONA Approved:

An Intensive doula training approved by Doulas of North America (DONA). The course is for anyone interested in assisting women and their families to have satisfying birth experience.

Doula Training Course

On completion of the workshop, participants will be able to:

- Identify the significance of birth to women and their families
- Define the role of the doula
- Define the DONA scope of practice and code of ethics for the doula
- List benefits of a continuous doula on obstetrical and psychological outcomes based on fourteen trials
- Describe the emotional and physical needs of laboring women and their partners
- Demonstrate comfort measures and optimal labor positions for laboring women
- List three non-pharmacological methods for pain relief in labor
- Describe the doula's role in the prenatal and postpartum visit
- Describe the role of the doula during a caesarean birth and in the immediate postpartum period
- Describe the ways a doula may gain credentials
- Describe the benefits of a referral program for clients
- Identify the ingredients to successful doula business with satisfied clients

Prerequisites for Participants

Required Texts: DONA's required reading list. You may not be able to read all before class and that is OK but reading as much as possible is good. Texts can be purchased on-line through the DONA web site at www.dona.org or at most book stores.

Childbirth educators, nurses with labor and delivery experience, midwives or midwifery students, have the appropriate experience. For all others prepare by attending a complete series of childbirth preparation classes as an observer, view as many birth videos as possible. The reading should provide for you the following information:

- Anatomy of the human reproductive system and breasts
- Physiology of pregnancy, birth, postpartum and breastfeeding
- Definitions of common medical terms regarding labor
- Common procedures and tests used during normal birth, including their risks and benefits
- Pain medication and anesthesia administration and effects
- Caesarean birth
- Normal newborn appearance and procedures
- Basic relaxation techniques, breathing patterns and other comfort measures for labor
- Benefits of breastfeeding

Qualified Instructors:

Ginny Ross, RN, BSN, M.Ed.
DONA Certified Doula and Trainer

Becky Cave, RN, BSN, IBCLC
DONA Certified Doula, Childbirth Educator

Featured speaker, Loa Freeman
Nationally Recognized in
Communication Skills

Assistant:
Peggy Jurgens, Certified Doula

